

# Parent Information

## 3rd - 6th Grade

### Overview

In 3rd-6th grade, students learn the 5 types of abuse, body ownership, and how to report abuse. At Prevent Child Abuse Utah, we know that prevention starts at home. Here are some key concepts to review with your child so you can keep the conversation going in your home.

### Key Concepts

#### **What are the 5 types of abuse?**

Physical, Emotional, Sexual, Neglect, and Trafficking.

#### **Who owns your body?**

You do! Parents may take care of you, but you own your body. It is still important to follow rules and be respectful, but no one has the right to touch you on the private parts of the body, or hurt your body hard enough to leave a bruise.

#### **Who are your 5 trusted adults?**

Have your child share the 5 trusted adults they chose in class. Ask them why they chose each person.

### Keep the Conversation Going!

**Ask these questions often! Keep the conversation open. Remind your child that they can always come to you if they need help or if they have questions.**

*Questions? Please contact your school counselor.  
For more information, visit [www.pcautah.org/curriculum](http://www.pcautah.org/curriculum)*

